



Insert Remedy

Krawallgeier - Who are the members of the band and what instrument does each of them play?

Saku (guitar), Tapsa (guitar), Bartholemeus (bass), Miguliz von Zaire (drums) and Lamantine (keys & vocals)

Krawallgeier - How did the band form?

After knowing each other for several years and having played in numerous different projects we all were frustrated with the situation and decided to start playing together. At first we were trying out some Nick Cave songs, but pretty quickly noticed that our own sound and music was where the real stuff was going on. This is the road we chose and this is the one we are still walking. Thus Insert Remedy was born.

Krawallgeier - How would you describe your music style?

Intense, heavy, diverse, emotional etc. We try not to lock our selves in too tight frames for now, because we feel we are still growing and learning.

Krawallgeier - Which bands are your paragons?

To name a few would be a disgrace and to name all would be a waste of one's time. The music has its history for us and it may be heard when listening.

Krawallgeier - Do you follow these bands? / Do you copy these bands?

Every band we hear or listen to affects us one way or the other, but following or copying the bands? no.

Krawallgeier - How do your songs come into existence?

Looking at each piece we bring and respecting them as music. Through learning our own intentions of what we want to achieve in music. Hard work and a lot of trial and error.

Krawallgeier - What about gigs? Do you have many gigs?

We try to play as much as we can, but sometimes in small circles it's better not to be seen too often. Being live on stage is what we think our music is all about. Throwing it all on stage, everything we've got and let the audience feel the same immersion.

Krawallgeier - Are they well attended?

Mostly yes.

Krawallgeier - Are the people content with your live-Performance?

We've been getting very positive feedback on our relentless pounding on live gigs. There is always room for improvement, but we do kick serious butt on stage.

Krawallgeier - How is the reaction of the people referred to your music style? Any criticism?

Diverse. As with any form of art, there are people who want to stay cocooned and people who love looking for new ways of expression. Mostly we're getting very positive and constructive feedback.

Krawallgeier - Why do you make music? (mission, passion, expression, hobby)

Love of self expression and trying to reach people with our music the same way as some of the music we listen to has touched us.

Krawallgeier - Let's talk about your albums. / Tell us something about your albums?

Our latest recording "A new way to breathe" has been very important for us in many ways. It shows our more hypnotic and heavy side and fulfilled the expectations we set for it. It was recorded in march 2003 but still it represented us very well and showed what our music is and was.

Krawallgeier - What about the future of the band. Have you got some plans or do you just wait and see?

There are a lot of plans, but to speak them out loud is forbidden ;) Let's say we're not one of those groups who just wait and see. We believe in hard work and staying truthful to what we do.

Krawallgeier - Is there anything you want to tell the people out there? Like a final say?

Live life and let go.

Krawallgeier - Thank you for this interview.

Thank you.